

E N D O F Y E A R

# rachel's vineyard

R E P O R T

Rachel's Vineyard is the leading worldwide program for healing after abortion. Our retreats are offered in more than 200 locations in 50 countries, and in 33+ languages. In our retreats, men and women receive sensitive, non-judgmental, compassionate, and confidential support in a safe, group setting within a weekend retreat.



*O Holy Night, the stars are brightly shining. It is the night of our dear Savior's birth.  
Long lay the world in sin and error pining, til He appeared and the soul felt its worth.*

## Greetings from Dr. Theresa Burke

*Founder of Rachel's Vineyard*

As I write this note, I am feeling nostalgic. The 2025 new year will actually mark my 40th year of providing healing and counseling for women (and men) who suffer from their abortion! It's hard to believe that Rachel's Vineyard continues to grow after so many years. It's been an amazing journey of spreading seeds for the Vineyard, tending its growth, and nourishing our leaders with ongoing, free consultations, clinical trainings, research, and leadership conferences throughout the world.

Based on everything we see happening in the world at this time, I am more and more convinced that Rachel's Vineyard is greatly needed.

It's safe to say that the world is weary. Weary of wars, division, and violence. Weary of hurricanes and wildfires, earthquakes, terrorism, and war. Weary of political unrest, election chaos, cancel culture, censorship, persecution of the faithful, and intimidation of people who speak truth to political structures. The list goes on and on. Indeed, the world is weary.

But ... here at Rachel's Vineyard, we continue to feel the thrill of hope in our hearts. We are strengthened. Every week brings news of miracles and testimonies of healing, because as Jesus appears, the soul feels its worth!

Jesus is our hope. He is the light of the world. He came to bring light to a people who languish in darkness. So even when confusion and fear threaten to overwhelm, undo, and paralyze us, remember Jesus! Call Him to mind. Meditate on why He chose to walk among us and bring us into relationship with him.

My prayer for this Christmas season and the New Year is that each of you feel a renewed thrill of hope as God comes with His Light and showers us with His grace and forgiveness. As He calls us His friends. As He loves us. Immanuel—God with us. Forever.

welcome to rachel's vineyard



## Greetings from Frank Pavone

*National Director, Priests for Life & Pastoral Director, Rachel's Vineyard*

The Gospel of Life is the Gospel of Mercy. As the People of Life, we are called to reject abortion, and at the same time to welcome and care for those who have had abortions.

One of the best ways we care for them is through Rachel's Vineyard Ministries which, working across denominational, ethnic and national boundaries, brings moms, dads, and family members to the healing power of God's Word and Sacraments. With the help of trained mental health professionals, this retreat program leads countless people to the peace they didn't know was possible.

The biggest challenge of the three-day Rachel's Vineyard experience is getting through the front door on day one. Doing that requires fighting off fear, doubt, bad advice from others, and the powers of darkness.

It also requires that we reach those who need the healing in the first place. I thank all who spread the word of Rachel's Vineyard, by word of mouth, in various forms of media, and in the pulpit.

Grieving an aborted child is hard work, and is a lifelong journey. It involves group dynamics like Rachel's Vineyard, and one-on-one counseling as well.

I am grateful to the RV team, to our team at Priests for Life who helps make this ministry possible, to all of you who support us, and to the courageous men, women and children who have embarked on this healing journey – some of whom share their stories through Silent No More.

To one and all, be assured that life and mercy will triumph!

# Thank you to our wonderful



As we come to the year's end, we are so grateful to the many people who make Rachel's Vineyard a daily reality. Without our generous donors, our faithful, volunteer team members, and our office staff, we would not be able to reach the thousands of women and men around the world who are looking for a profound healing from their traumatic pregnancy losses.

# impact

When people visit our International Headquarters in Pennsylvania, they are often surprised at our compact office space and even smaller number of staff. And yet, from this tiny hub, Rachel's Vineyard continues to run throughout the world. In many ways, this ministry is like the mustard seed parable in the Gospel. What started as a small seed has grown and spread its roots in ways we could have never imagined. The men and women who attend our retreats say similar things. When they encounter God's mercy and love, their relationship with Him is transformed, and they begin their beautiful path of healing, which positively impacts their families and all their relationships. Frequently, they become active in their churches, start a new Rachel's Vineyard site, or create a new ministry dedicated to helping pregnant women choose life. And their collective impact reaches throughout the United States (where there are 106 retreat sites) to Africa, Asia, Australia, Central and South America, and Europe.

## Rachel's Vineyard Retreat Sites in

Cullman, AL  
Mesa/Phoenix, AZ  
Phoenix, AZ (Español)  
Prescott Valley, AZ  
Tucson, AZ\*  
Yuma, AZ  
Encino, CA (I)  
Fairfield, CA (I)  
Fresno, CA\*  
Los Angeles, CA  
Los Angeles, CA (Español)  
Oakland/ East Bay, CA\*  
Monterey, CA  
Riverside County/Temecula, CA  
Sacramento, CA\*  
San Bernardino, CA\*  
San Francisco Bay Area, CA (I)\*  
Santa Clara/Alameda Counties, CA\*(I)  
Santa Clarita, CA  
Santa Cruz Valley, CA (I)\*  
Stockton, CA\*  
Denver, CO  
Greenwood Village, CO (I)

## the United States:

Farmington, CT  
Georgetown, DE (I)  
Wilmington, DE  
Jacksonville/St. Augustine, FL  
Orlando, FL\*  
Palm Beach, FL  
Palm Beach, FL (Español)  
Atlanta, GA (for Military & Veterans)  
Columbus, GA (I)  
Savannah/Augusta, GA  
Honolulu, HI  
Carroll, IA  
Cedar Rapids, IA  
Dubuque, IA  
Sioux City, IA  
Boise, ID  
Chicago, IL (Polish)  
Joliet/Lemont, IL\*  
Peoria, IL\*  
Rockford, IL  
Central Indiana, IN  
Indianapolis, IN  
Northwest Indiana, IN  
Hays, KS  
Wichita, KS  
Bowling Green/Owensboro, KY  
Lake Charles, LA  
New Orleans, LA  
Shreveport, LA  
Greater Boston Area, MA and NH  
Springfield, MA  
Portland, ME  
Ann Arbor, MI  
Detroit, MI (Español, I)  
Grand Rapids, MI  
Lansing, MI  
Petoskey, MI  
Saginaw, MI  
Minneapolis/St. Paul, MN  
Minneapolis/St. Paul, MN (Español)  
Kansas City, MO  
Biloxi, MS  
Asheville/Charlotte, NC  
Morganton, NC (I)  
Fargo, ND

Omaha (I), NE  
Omaha/Lincoln, NE  
Newark, NJ  
Trenton, NJ  
Las Vegas, NV  
Las Vegas, NV (Español)  
Albany Area, NY\*  
Long Island/Huntington, NY\*  
Northern New York, NY  
Columbus, OH  
Steubenville, OH  
Oklahoma City, OK\*  
Tulsa, OK  
Eugene, OR  
Medford, OR  
Portland, OR  
Allentown, PA\*  
Doylestown, PA\* (English & Polish)  
Lancaster County, PA (Español)  
Philadelphia Area, PA  
Pittsburgh, PA  
North Providence, RI  
Providence, RI\*

Charleston, SC\*  
Fort Mill, SC  
Rapid City, SD  
Knoxville, TN  
Memphis, TN  
Greater Nashville Area, TN  
Austin, TX  
Central Texas, TX (I)  
Cypress/Katy, TX (I)  
Cypress/Katy, TX (Español, I)  
Dallas, TX  
Dallas, TX (Español)  
El Paso, TX\*  
Fort Worth, TX  
Houston, TX  
Lubbock, TX  
Rio Grande City, TX\*  
Richmond, VA  
Western Washington, WA\*  
Spokane, WA  
Madison, WI  
Random Lake, WI

\* English & Spanish Retreat done together  
(I) an interdenominational site



**International Rachel's Vineyard Retreat Sites:**

**AFRICA:**

Yaounde, Cameroon  
 Abuja, Nigeria  
 Cape Town, South Africa  
 Cape Town—RV Roaming, South Africa  
 Johannesburg, South Africa

**ASIA:**

Orsha, Belarus  
 China  
 Karaganda, Kazakhstan  
 Kuala Lumpur, Malaysia  
 Penang, Malaysia  
 Irkutsk, Russia  
 Moscow, Russia  
 Novosibirsk, Russia (Siberia)  
 St. Petersburg, Russia  
 Vladivostok, Russia  
 Tai-Shan, New Taipei City, Taiwan  
 Vietnam

**AUSTRALIA:**

Perth, Australia  
 Sydney, NSW Australia  
 New Zealand

**CENTRAL AMERICA:**

San Salvador, El Salvador  
 Catedral, Juticalpa, Olancho, Honduras  
 Sonaguera, Honduras  
 Tegucigalpa, Honduras  
 Kingston, Jamaica  
 Leon, Nicaragua  
 Managua, Nicaragua  
 Matagalpa, Nicaragua  
 Provincia Colon, Panama

**EUROPE:**

Vienna, Austria  
 Vienna, Austria (I)  
 Medjugorje, Bosnia-Herzegovina  
 Midlands/Birmingham, England  
 Essex, England

Kent, England  
 Norfolk, England  
 Maison de la Trinite, France  
 Maison Saint Joseph, France  
 Deutschland Süd, Germany  
 Weinheim, Germany

Gibraltar  
 Cork, Ireland  
 Bergamo, Italy  
 Bologna, Italy  
 Vilnius, Lithuania  
 Mellieha, Malta  
 Netherlands  
 Gdansk, Poland  
 Piwniczna Zdroj, Poland  
 Poznan, Poland  
 Warsaw, Poland  
 Wroclaw, Poland  
 Lisbon, Portugal  
 Cluj-Napoca, Romania  
 Glasgow, Scotland  
 Banska Bystrica, Slovakia  
 Ljubljana, Slovenia

Tenerife, Islas Canarias, Spain

**NORTH AMERICA:**

*US Sites on Previous Page*  
 Kelowna, BC Canada  
 Merritt, BC Canada  
 Newfoundland, Canada  
 Ottawa, ON Canada (I)  
 Saskatoon, SK Canada  
 Sherbrooke, QC Canada  
 Thunder Bay, ON Canada  
 Vancouver, BC Canada  
 Vancouver Island, BC Canada  
 Winnipeg MB, Canada (I)  
 Culiacán, Mexico  
 Guadalajara Jalisco, Mexico  
 Hermosillo Sonora, Mexico  
 Irapuato, Mexico  
 Los Mochis, Mexico  
 Mexico City, Mexico  
 Mexico City—Iztapalapa, Mexico  
 Monterrey, Nuevo Leon, Mexico  
 Nogales, Mexico

Obregon, Mexico  
 Queretaro, Mexico  
 Tapachula, Mexico  
 Texcoco, Meico  
 Tijuana, Mexico  
 Veracruz, Mexico

**SOUTH AMERICA:**

Buenos Aires, Argentina  
 Bahia Blanca, Argentina  
 Cordoba, Argentina  
 Mendoza, Argentina  
 Tucuman, Argentina  
 Iquique, Chili  
 Bogota, Colombia  
 Bogota Minuto de Dios, Colombia  
 Cajica, Colombia  
 Cali, Colombia  
 Cartagena, Colombia  
 Duitama-Boyaca, Colombia  
 Fusagasuga, Columbia  
 Ibague, Columbia  
 Medellin, Colombia

Pereira, Colombia  
 Sasaima Cudinamarca, Columbia  
 Soacha Cudinamarca, Columbia  
 Villavicencio Meta, Columbia  
 Quito, Ecuador  
 Asunción, Paraguay  
 Cajamarca, Peru  
 Lurin, Peru  
 Miraflores, Peru  
 Caroni, Trinidad

**ISLANDS/US TERRITORIES:**

Moncioñ, Dominican Republic  
 Santiago, Dominican Republic  
 Mongmong, Guam  
 Naguabo, Puerto Rico  
 San Juan, Puerto Rico

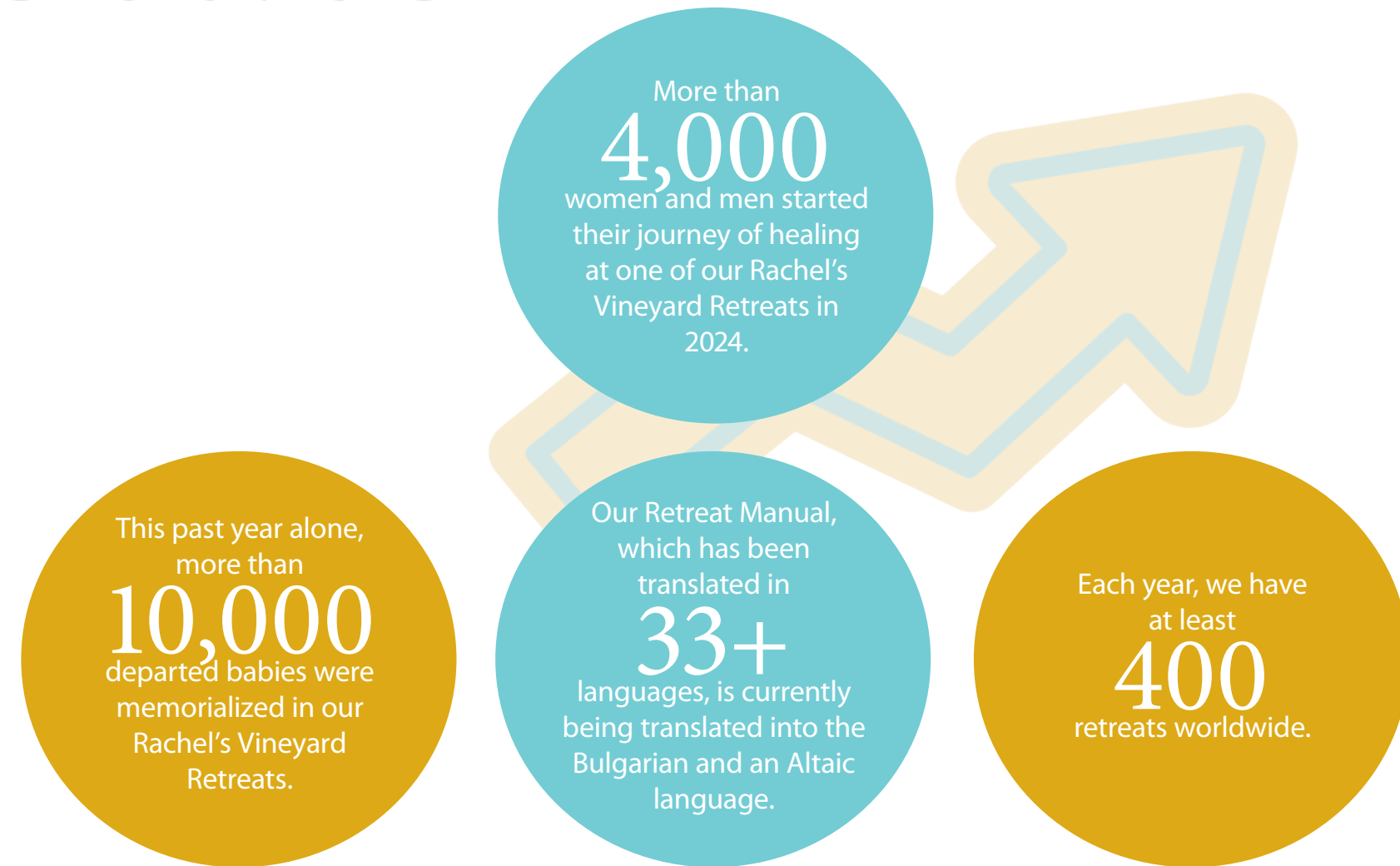
# impact

Outside of the United States, we have 109 retreat sites in 51 countries (including two U.S. Territories). Communicating with teams that do not speak English has always been a bit of a challenge. God continues to bless us with phenomenal team members who can help translate for us.

Now that AI is becoming more available, we can better share information with our international teams and will be able to make Dr. Theresa Burke's training videos available in different languages.

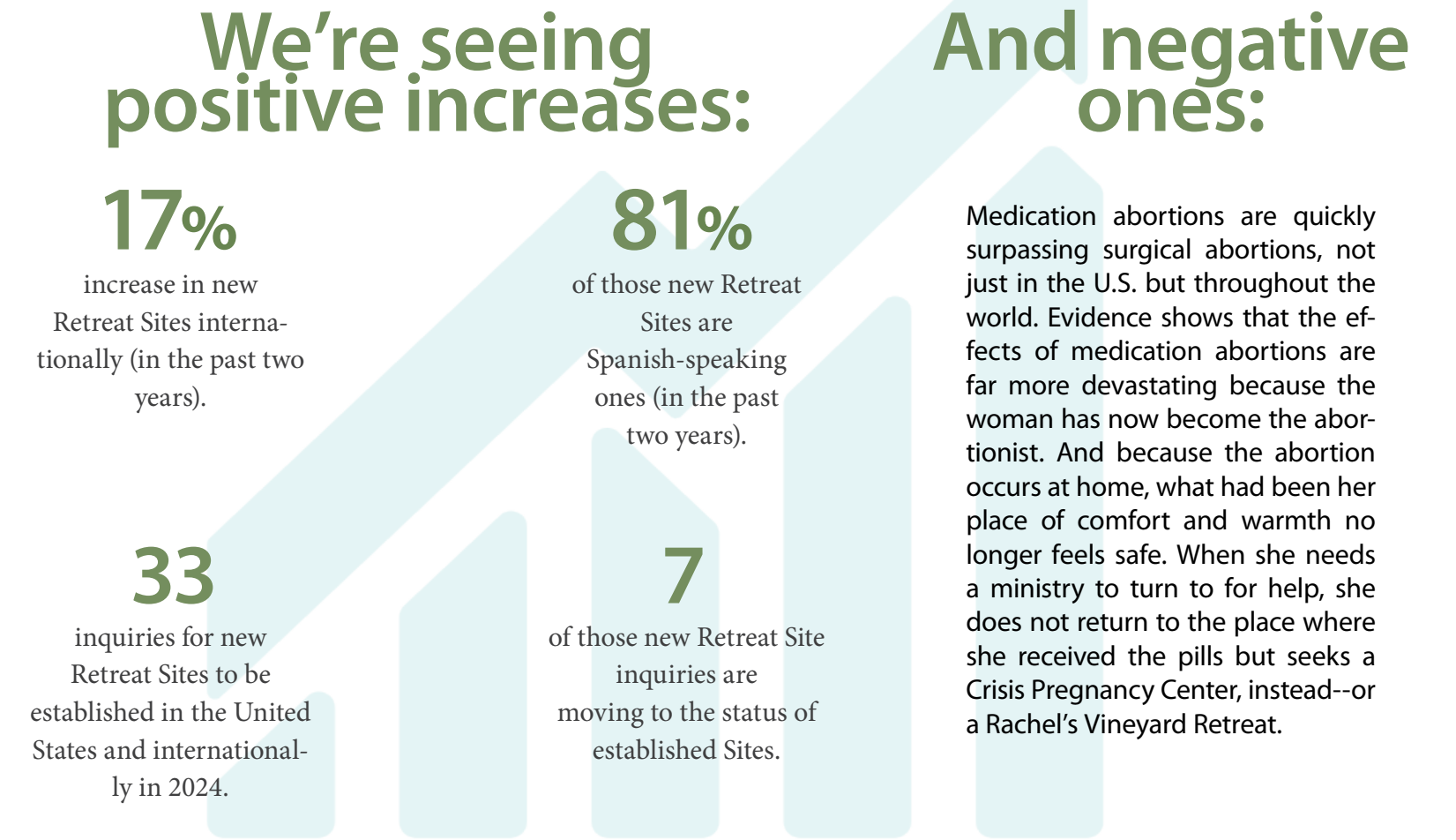
In November's Third Latin American Conference, we were able to translate Dr. Burke's presentations into Spanish for the 140 people present. As an added bonus, Dr. Burke Zoomed into the Conference, and participants were able to ask her questions through translated captioning.

# stats



All stats are averages, based on data given to our international headquarters by our Retreat Teams.

# trends



All trends are averages, based on data given to our international headquarters by our Retreat Teams.

# getting *the* word out

Whether on pro-life podcasts, conferences, or the written word, we're getting the message about God's mercy and healing to the world.

## MEDIA

- Interview with Jacob Barr on the ProLife Team Podcast regarding abortion and feminism
- Interview with Rita Schulte on Counseling Culture regarding men after abortion
- Video on "Why We March"
- Mother Maria Stella on EWTN regarding Rachel's Vineyard in Russia
- Interview with Frank Pavone and Janet Morana on The Good Shepherd regarding Mother's Day and healing
- Interview with Molly White and Mary Browning on More to the Story Podcast regarding Rachel's Vineyard and healing from abortion
- Interview with Brad Mattes on Straight Talk on Life Issue Radio Show regarding the trauma of losing a sibling to abortion
- Rose Romant Todd (from our Fairfield Rachel's Vineyard team) interview on "Sacramento's Community Today" Radio Show
- @ Home with Jim and Joy on EWTN regarding counseling the Culture
- Rachel's Vineyard was mentioned on the Patrick Madrid Show on Relevant Radio
- Regular explanations of Rachel's Vineyard on EndAbortion.TV daily broadcasts from Priests for Life

## TRAININGS & CONFERENCES

- Catholic Psychotherapy Association 2024 Conference in New Orleans
- Elevate Life
- Crisis Pregnancy Center in PA
- Legatus, Bucks County
- Crisis Pregnancy Center in PA
- Latin American Conference
- Divine Fulfillment Conference



## ARTICLES

- The Transformative Power of Personal Stories After Abortion (Pregnancy Help News)
- Biden Wants to Force Doctors and Nurses to Do Abortions, But We Must Respect Their Pro-Life Beliefs (LifeNews)
- The Paschal Mystery of Rachel's Vineyard (Catholic Online)
- Torn Temple Veils - Biden and French Prime Minister Reveal a Shocking Ignorance (Catholic Online)
- Women Often Have Repeat Abortions Until They Find Hope and Healing in Christ (LifeNews)
- How Molecular Biology Sheds Light on The Catholic Dogma of the Immaculate Conception of Mary and Mothers Grieving After Abortion (Catholic Online)
- A Grieving Father Holds His Son After A Late Term Abortion (Pregnancy Help News)
- Pete Buttigieg Says Men Are 'More Free' With Unlimited Abortion Access (Pregnancy Help News)
- The 2024 Election will Impact Abortion Healing Ministries (Pregnancy Help News)
- An abortion, a gun, and a suitcase - The relational impact of abortion loss (Pregnancy Help News)
- Loss of a beloved pet can open the door to abortion healing (Pregnancy Help News)
- The liberating power of personal testimony (Pregnancy Help News)
- Retreat offers support after abortion (Guam Daily Post)
- Rachel's Vineyard marks its 30th retreat in Hawaii (Hawaii Catholic Herald)

# tammis

When a director from a local pregnancy center shared a Rachel's Vineyard brochure with me, I was angry. Furious to be more precise. I was incensed that this woman would "assume" I needed one of those so-called healing retreats after only hearing a small portion of my story. Who did she think she was, anyway?

It was obvious that I wasn't as healed as I thought I was. I knew more work needed to be done, but I certainly wasn't going to go to one of those retreats. That was out of the question.

The truth is, God had been bringing these painful memories to the forefront for months. It was also during this time that I had received an abnormal pap smear test result, and my doctor wanted to explore for possible uterine cancer (women who have had abortions are more likely to end up with cancer, infertility, and a range of other mental and physical health problems later on).

After an exploratory procedure and further blood work, I discovered I did not have cancer. But it did nothing to sooth my battered soul that was haunted with the reality of my choices. I needed to grieve my unborn children and claim them as my own, but I believed I was not allowed to grieve them because I was the one who murdered them.

Not very long after, I began to notice a little boy at the daycare my youngest son attended. He was so cute—dark hair, big deep brown eyes—and for a reason unknown to me, I just couldn't take my

eyes off him whenever I saw him. I also felt very sad and couldn't pinpoint why. This went on for a couple of months, until one day I finally understood. A young woman walked into the daycare as I walked out. Seeing her with this little boy knocked the wind right out of me. She was the sister of an ex-boyfriend of mine. One who got me pregnant and told me in no uncertain terms, "It's me or the baby, you cannot have both." The little boy looked like him! Maybe even looked like our little boy would have, had I not aborted him! I sat in my vehicle and tried to catch my breath, mind reeling and heart racing. I thought for the first time ever, "Is this what our child would have looked like?" I began to cry the most bitter tears, the most broken tears. For the next several weeks, if I saw her pull in before I did, I'd wait in my vehicle with my son, in an attempt to avoid making contact.

Then one day, my son's class had a field trip. It was apple- and pumpkin-picking season, and we were so excited. We arrived at the childcare center and made our way to the back of the building to line up and wait for the bus that would transport us to the farm. As soon as I turned the corner, I saw this little boy latched onto the thigh of ... his Grandmother. This was the mother of my ex-boyfriend, and she was the one who took me to the abortion clinic to have our child extinguished. She did not see me, and I turned around right away, grabbing my son's little arm and walking away as fast as I could, telling him we

would drive and meet them there.

I ended up seeing my ex's mother at the childcare center many times, and the first time was uncomfortable, but before we met face to face something wonderful happened. I had prayed and asked God that our first face-to-face be perfectly ordained by Him—and that I would have His peace and joy when I did. One day I pulled into

a spot at the center and noticed a van to the right of my car. On the back seat was a church bulletin from a local church and a bible. I took several steps towards the door and heard the Spirit of the Lord say, "This is her vehicle, she follows Me!" I gasped in disbelief and joy, thinking she wasn't a believer when she took me for the abortion. "Thank you, God, we have common ground. I'm ready to see her!" A few minutes later after dropping my son off, I ran into her! It was a brief reunion;

a hug and kind words were exchanged. It was enough! Every time I saw her afterwards, I couldn't help but wonder if she had been healed from what happened, or if she missed the first grandchild that her son and I aborted. I began to pray for her and for her heart. To this day we haven't spoken beyond the niceties, but I am willing, if and when the Lord leads.

Over the next 12 months or so, my friends in ministry kept telling me of a woman they were convinced I needed to meet. They told me she ran Rachel's Vineyard on the east coast; that was enough for me to avoid her at all costs. The following Spring, one of my volunteers handed me a scrap piece of paper and told me to call this person about setting up a "mentoring group" at their church. This woman that I had been avoiding was in black and white on the piece of paper. Little did I know her boss gave her a piece of paper, too, with my information.

Not long afterwards, we met at a local restaurant, and as soon as I saw her, I knew in my spirit, we would become fast friends. This beautiful, short 5'2" (maybe) dark haired, big personality woman knew what brokenness looked like, and it was all over my face!

Our relationship would develop over the next 9 months or so and then she came right out and asked me if I would go on a retreat. I agreed and the days prior to it were chocked full of anticipation and excitement, fear and eagerness. What hap-

pened during that weekend I will never forget. The staff and the other retreatants were all amazing people. The format and exercises, scriptures and events were perfect. I'd never seen anything quite like it and doubt I will again. I'd love to go into specific detail about the retreat but I don't want to deter from anyone's experience who may consider going. I will say this, it was safe, loving, practical experience that left me exhausted and healed. We did some heart-wrenching work, but we did it with the help of trained and licensed professionals, clergy, and lay people. Everything was planned. I didn't have to worry about anything except remembering a simple code to unlock the door to my room!

I am no longer bound by my own shame. In John 8, the story of the woman caught in the act of adultery was told. The people wanted to stone her, as was the law of the day, and Jesus could have condemned her but He did not! He told her "Neither do I condemn you, go and sin no more." For me the Rachel's Vineyard Retreat wasn't about stopping further abortions. I had already stopped. It was about throwing down the stone I had beat myself with for years!

What a gift my Retreat was—one I'll never forget! Thank you to all the workers and Adoration crew for making this a place of being set free and healed!

# story





## RACHEL'S VINEYARD

Healing the Trauma of Abortion One Weekend at a Time

Our worldwide ministry is actively helping women and men receive the healing they long for. You can find a retreat, read our latest articles, watch our videos, or sign up for our quarterly newsletter at [RachelsVineyard.org](https://RachelsVineyard.org).

Please join us in the vital work of bringing hope and light into the lives of people who desire peace and forgiveness. Working together, we can help God work miracles.

**DONATE AT:**  
[RachelsVineyard.org/donate](https://RachelsVineyard.org/donate)



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