
RACHEL'S VINEYARD



END OF YEAR REPORT

2025

Greetings

from Dr. Theresa Burke and Kevin Burke

Hark the Herald Angels Sing: A Heavenly Chorus of Healing in Rachel's Vineyard

"Mild He lays His glory by, born that we no more may die, born to raise us from the earth, born to give us second birth."

As the year comes to a close, a profound sense of gratitude and nostalgia washes over us. The year of 2025 marked a truly significant milestone: Forty years of Rachel's Vineyard providing refuge, healing, and hope to women and men suffering from the loss of a child through abortion.

This journey—four decades of spreading seeds, tending to the growth of healing, and nourishing leaders—has been nothing short of miraculous. We have grown up together like a family, pouring encouragement and specialized skills into the next generations who continue to carry this beautiful light of Christ's mercy throughout the world.

Our enduring legacy highlights the foundational strength and persistent relevance of Rachel's Vineyard. Our ministry remains a vibrant source of profound healing committed to our core mission.

Your partnership allows us to continue bringing light out of darkness and grace out of despair:

- Providing essential support and consultation to our global network of teams throughout the world.
- Safeguarding trauma-informed care through rigorous training.
- Nurturing global leadership with specialized clinical guidance and facilitation workshops.



Greeting from the Burkes (cont'd)

- Spreading the message of healing and hope through social media, articles, books, and training materials, etc.

“Hail the heaven-born Prince of Peace! Hail the Sun of Righteousness! Light and life to all He brings, risen with healing in His wings.”

While the world waits for “Peace on Earth and mercy mild,” here at Rachel’s Vineyard, we continue to witness Jesus being born in the hearts of women and men daily. Every week brings news of breakthroughs, reconciliation, and miracles that reaffirm the critical need for our work:

“I am free of a huge and very heavy chain that had been tied to me for more than 30 years. I feel freedom in my heart, soul and mind, and even in my body. I can feel the love of God in a new way now. There is no way to thank you enough for giving me the opportunity to receive this gift from God.”

These voices of healing are the angels’ chorus! They are the powerful testimonies that echo through our retreats—proof that our saving God, Emmanuel, is with us.

This Christmas, together let us celebrate our triumph in Christ Jesus. Because of your faithfulness, we hear the angels sing of forgiveness, reconciliation with the Lord, and a rebirth from darkness into the glorious light of salvation.

My prayer for you this Christmas season and New Year is that you feel profoundly renewed by the Prince of Peace. May you be filled with the light and life He brings, knowing that in His strong, yet gentle love, we have life everlasting.

“God and sinners reconciled, Joyful, all ye nations rise. Join the triumph of the skies, with angelic hosts proclaim, Christ is born in Bethlehem!”

Thank you for being part of our 40-year legacy. We wish you peace, love, and joy.



Welcome!

Greetings from Frank Pavone

*National Director, Priests for Life & Chairman of the Board,
Rachel's Vineyard*



In one of the Scripture passages highlighted on Rachel's Vineyard retreats, we see the Son of God weep. Jesus' friend Lazarus had died, and as Jesus stood by his tomb, the literal words of John 11 say he "snorted in spirit." God was grieved at the irrational, offensive violence of death.

God himself was angry. He did not make death, and he wants only life for his creatures.

As Jesus' breath came out of his mouth in the loud cry, "Lazarus, come out!", we see an echo of God's breath (His Holy Spirit) over the chaos at the dawn of creation, bringing about life and light, and we see a foreshadowing of his voice that will raise all the dead at the end of time.

We see there also the power of Rachel's Vineyard. This is not merely something we do. This is a work of God. This is not merely something we say. This is the Word of God. This is not merely service. This is salvation in progress.

That is what you'll see in these pages. That's what you, too, are involved in.

It is a privilege for me to serve as Chairman of the Board on this ministry. I thank Theresa and Kevin Burke and our national RV team. I thank the local retreat teams around the world. I thank our staff at Priests for Life who help make this work possible.

And I thank the courageous men and women who make this healing journey. God is with you, and so are we.

Stats and Trends

Currently, there are
Retreat Locations
in 40 states
and
50 countries.



For the past three years, we have
consistently held 4000+ retreats
each year in the U.S. and
Internationally. Despite politics.
Despite economics. People want healing.



Our Retreats are held
in 35+ languages.



Tools to Thrive

Giving tools to our teams to further their success

Our staff has been working diligently all year to reorganize the documents in the Retreat Manual Appendix, including the latest Psychoeducational Resources from Dr. Burke, Retreat Weekend Materials, Documents to Distribute During a Retreat, Aftercare, and Fundraising Materials. With hundreds of documents that can be used before, during, and after their retreats, this Appendix modification was no small feat. First, collapsible categories were created, then the documents were reorganized within each category.

Our teams have expressed their gratitude for this tool, which has helped them quickly find and download everything they need to ensure they have the latest materials to help them run their Retreats smoothly. These are some of their comments:

The "New in 2025" section from Dr. Burke is such a wonderful resource for our teams to stay up to date on the latest therapy and trauma techniques! Thank you!

This new format makes it so much easier to navigate and equip my team with the materials needed to run this beautiful retreat weekend!

It's so helpful to have everything in one clear and concise place!! Thank you for taking the time to create this for us!



Whether in the United States or other countries, our teams



and donors are our *heroes.*



Our impact in the United States

Recent data indicates that one in four women (of reproductive age) in the United States have had an abortion. According to the Guttmacher Institute, "Abortion is a normal part of pregnancy."² Thankfully, that's not the end of the story. Rachel's Vineyard exists to help women find the isolation they frequently feel afterwards. Since 1986, people have been able to find faith, and a relationship with their child who was lost. Lives have been forever

Rachel's Vineyard Retreat Locations in the United States:

Cullman, AL	Columbus, GA (I)
Mesa/Phoenix, AZ	Savannah/Augusta, GA
Phoenix, AZ (Español)	Honolulu, HI
Prescott Valley, AZ	Carroll, IA
Tucson, AZ	Cedar Rapids, IA (I)
Yuma, AZ	Dubuque, IA (I)
Encino, CA (I)	Sioux City, IA
Fairfield, CA (I)	Boise, ID
Fresno, CA*	Chicago, IL (Polish)
Los Angeles, CA	Chicago, IL (Spanish)
Los Angeles, CA (Español)	Joliet/Lemont, IL*
Oakland/ East Bay, CA*	Peoria, IL*
Monterey/Central Coast, CA	Rockford, IL (Catholic & Inter-denominational)
Riverside County/Temecula, CA	Central Indiana, IN
Sacramento, CA*	Indianapolis, IN
San Bernardino, CA*	Northwest Indiana, IN
San Francisco Bay Area, CA (I)*	Hays, KS
Santa Clara/Alameda Counties, CA*(I)	Wichita, KS
Santa Clarita, CA	Bowling Green/Owensboro, KY
Santa Cruz Valley, CA (I)*	Lake Charles, LA
South Bay/Stockton, CA*	New Orleans, LA
Denver, CO	Shreveport, LA
Greenwood Village, CO (I)	Greater Boston Area, MA and NH (I)
Georgetown, DE (I)	Springfield, MA
Wilmington, DE	Portland, ME
Jacksonville/St. Augustine, FL	Ann Arbor, MI
Orlando, FL*	Detroit, MI (Español)
Palm Beach, FL	Grand Rapids, MI
Palm Beach, FL (Español)	
Atlanta, GA	

United States is likely to have at least one abortion in their lifetime.¹
the reproductive lives of people with the capacity to become
to help women (and men) who have struggled with the guilt, shame, or
receiving the healing and freedom they desire, a new (or deepened)
changed, hope has been restored, and peace has become a reality.

Lansing, MI
Petoskey, MI
Saginaw, MI
Minneapolis/St. Paul, MN
Minneapolis/St. Paul, MN (Español)
Kansas City, MO
Biloxi, MS
Columbus, MS
Asheville/Charlotte, NC
Morganton, NC (I)
Fargo, ND
Omaha/Lincoln, NE
Newark, NJ
Trenton, NJ
Washington, NJ
Las Vegas, NV
Las Vegas, NV (Español)
Albany Area, NY
Long Island/Huntington, NY*
Northern New York, NY
Columbus, OH (I)
Steubenville, OH
Oklahoma City, OK
Tulsa, OK*
Eugene, OR
Medford, OR
Portland, OR
Allentown, PA*
Doylestown, PA (English & Polish)
Lancaster County, PA (Español)

Philadelphia Area, PA
Pittsburgh, PA
Providence, RI*
Charleston, SC
Fort Mill, SC*
Rapid City, SD (I)
Knoxville, TN
Memphis, TN
Greater Nashville Area, TN
Austin, TX (I)
Central Texas, TX (I)
Corpus Christi
Cypress/Katy, TX (I)
Cypress/Katy, TX (Español, I)
Dallas, TX
Dallas, TX (Español)
El Paso, TX
El Paso, TX (Español)
Fort Worth, TX
Houston, TX
Houston, TX (Español)
Lubbock, TX
Rio Grande City, TX*
Richmond, VA
Western Washington, WA*
Spokane, WA
Madison, WI
Random Lake, WI (I)

(I) Interdenominational Retreats Site

* Offers both, English and Spanish retreats

Healing...



Joanne* was 87 years old. So was her good friend, Jane.* When they both decided to go on a retreat together, it wasn't for the stereotypical, relaxing weekend getaway where pampering spas and luxurious meals abound.

Instead, they chose to attend a healing retreat—specifically, Rachel's Vineyard—where they could mourn the children they had lost in their coerced abortions decades earlier. Each of their lives contained stories of abandonment, neglect, and abuse. Each wondered whether it was worth it to uncover the deep pain from their past. Each struggled about being vulnerable in front of people they didn't know.

Then God stepped in.

As Joanne shared her heartbreaking story at a church group meeting, she began sobbing uncontrollably. Instinctively, Jane raced to Joanne's side to comfort her. Jane identified with her friend's grief and loss, for she had experienced the same trauma. Although the two women had known each other for years, neither of them had ever even mentioned the word "abortion" before.

But now, it was time.

Time to surrender their hearts to God and allow Him to heal their wounds. Time to be vulnerable. Time to let go of the burden they had each been carrying for so long.

The women were on fixed incomes, so they didn't have discretionary spending money. When their church community learned about their situation, they decided to collect donations so both women could attend a Rachel's Vineyard Retreat. And when the Rachel's Vineyard Retreat Team heard about Joanne and Jane, they asked a Retreat "graduate" to drive them to (and from) the retreat, to help them feel safe on this first step of their journey.

On Friday evening, the two women walked into the Retreat Center together. Not knowing what to expect, they nervously pulled their wraps a bit tighter around themselves. But that apprehension didn't last long. They quickly joined in the conversations and made new friends. By the end of the night, their shawls were draped loosely around their shoulders.

"I had one person on either side of me during the retreat," our Dallas Team Leader, Eileen Kuhlmann said, "and I noticed that they knew very well how to open the doors of their hearts, cry when needed, and smile when ready."

While Joanne and Jane were at the Retreat to process their own experiences, they also listened attentively to the stories of the other participants. "So many young ones on the retreat saw mom and grandma in their faces," Eileen stated.

Throughout the weekend, she watched Joanne and Jane "wrap the younger retreatants with their shawls and console them with a hug, as only a grandmother can do." Automatically, the two friends gave the young women what they, themselves, had needed so many decades earlier: a loving ear, gentle support, and a shoulder to cry on.

At the end of the retreat, Joanne and Jane walked out the door with the most beautiful smiles ever seen—and a glow about them that cannot be described. Two elderly friends completely at peace. Two elderly friends that filled the retreat with grace and love. Two elderly friends who left a permanent impression on everyone's heart.

**Names have been changed to protect the women's identities*

with grace!





Our impact internationally

International Rachel's Vineyard Retreat Locations:

AFRICA:

Yaounde, Cameroon

Abuja, Nigeria

Cape Town, South Africa

Cape Town—RV Roaming,
South Africa

Johannesburg, South Africa

Port Elizabeth, South Africa

ASIA:

China

Karaganda, Kazakhstan

Kuala Lumpur, Malaysia

Penang, Malaysia

Irkutsk, Russia

Moscow, Russia

Novosibirsk, Russia (Siberia)

St. Petersburg, Russia

Vladivostok, Russia

Tai-Shan, New Taipei City, Taiwan

Vietnam

AUSTRALIA:

Sydney, NSW Australia

New Zealand

CENTRAL AMERICA:

San Salvador, El Salvador

Carretara Al Salvador, Guatemala

Catedral, Juticalpa, Olancho,
Honduras

Sonaguera, Honduras

Tegucigalpa, Honduras

Managua, Nicaragua

Matagalpa, Nicaragua

Provincia Colon, Panama

EUROPE:

Vienna, Austria

Vienna, Austria (I)

Orsha, Belarus

Medjugorje, Bosnia-Herzegovina

Carev Brod, Bulgaria

Midlands/Birmingham, England

Norfolk, England

Maison de la Trinite, France

Maison Saint Joseph, France

Deutschland Süd, Germany

Weinheim, Germany

Gibraltar

Cork, Ireland

Derry, Northern Ireland

Bergamo, Italy

Bologna, Italy

Vilnius, Lithuania

Mellieha, Malta

Netherlands

Gdansk, Poland

Piwniczna Zdroj, Poland

Poznan, Poland

Warsaw, Poland

Wroclaw, Poland

Lisbon, Portugal

Cluj-Napoca, Romania

Glasgow, Scotland

Banska Bystrica, Slovakia

Ljubljana, Slovenia

Madrid, Spain

Tenerife, Islas Canarias, Spain



NORTH AMERICA:

US Sites on pages 10-11

Edmonton, Alberta, Canada

Kelowna, BC Canada

Merritt, BC Canada

Newfoundland, Canada (I)

Saskatoon, SK Canada

Sherbrooke, QC Canada

Thunder Bay, ON Canada (I)

Vancouver, BC Canada (I)

Vancouver Island, BC Canada

Culiacán, Mexico

Guadalajara Jalisco, Mexico

Hermosillo Sonora, Mexico

Irapuato, Mexico

Los Mochis, Mexico

Mexico City, Mexico

Mexico City—Iztapalapa,
Mexico

Monterrey, Nuevo Leon, Mexico

Nogales, Mexico

Obregon, Mexico

Queretaro, Mexico

San Vincent Chicoloapan,
Mexico

Tapachula, Mexico

Tijuana, Mexico

Veracruz, Mexico

SOUTH AMERICA:

Buenos Aires, Argentina

Bahia Blanca, Argentina

Cordoba, Argentina

Mendoza, Argentina

Tucuman, Argentina

Iquique, Chili

Bogota, Colombia

Bogota Minuto de Dios, Colombia

Cajica, Colombia

Cartagena, Colombia

Duitama-Boyaca, Colombia

Fusagasuga, Columbia

Ibague, Columbia

Medellin, Colombia

Sasaima Cundinamarca, Columbia

Soacha Cundinamarca, Columbia

Villavicencio Meta, Columbia

Quito, Ecuador

Asunción, Paraguay

Cajamarca, Peru

Lurin, Peru

Miraflores, Peru

ISLANDS/US TERRITORIES:

Monción, Dominican Republic

Santiago, Dominican Republic

Mongmong, Guam

Kingston, Jamaica

Naguabo, Puerto Rico

San Juan, Puerto Rico

Caroni, Trinidad



Rachel's Vineyard: A Journey through the Vineyard of Healing

by *Dennis Dillon*

For many women Rachel's Vineyard is a sanctuary. It's like an oasis in a desert of emotional turmoil.

So just what exactly is Rachel's Vineyard, one might ask. It is an international program designed to provide solace and healing for women (and men) haunted by the echoes of abortion.

It started in 1994 with a book by Theresa Karminski Burke, Ph. D, titled "Rachel's Vineyard: A Psychological and Spiritual Journey for Post Abortion Healing." A year later Burke "adapted and expanded the curriculum into a format for weekend retreats." By 2012, Rachel's Vineyard had expanded to over 375 sites in more than 70 countries.

Diving into a turbulent ocean of emotions

As I embarked on my own journey with Rachel's Vineyard, not as a post-abortive individual but as a counselor in training, I was required to first navigate the path as a retreatant. This expedition into the heart of grief was akin to diving into a deep, turbulent ocean of emotions. It was an unforeseen and overwhelming experience.

My personal history bears the scar of losing a beloved 5-year-old son to leukemia half a century ago. But the contours of loss, whether carved by the deliberate decision of abortion or the cruel hands of nature, share the same landscape of lingering pain.

For decades, I believed I had navigated through the stormy seas of grief – denial, anger, bargaining, depression, and acceptance. Yet, this retreat revealed uncharted territories within my heart, hidden chambers of unresolved sorrow.

Retreatants

The demographic tapestry of the group I was part of was startling. Ages stretched from the tender branches of 32 to the seasoned

boughs of over 70. Contrary to my assumptions, these post-abortive women weren't just young sprouts but mature trees.

Each of the retreatants had roots deeply entangled in past anguish. The traumatic loss had burrowed a void in their souls, leaving behind a landscape marred by regret, remorse, and a palpable absence in their hearts.

On the inaugural evening, under the gentle canopy of trust woven by our facilitator and her aides, we each laid bare our narratives of loss. Sharing such profound intimacies is only possible in a nurturing environment – a garden where trust blooms abundantly.

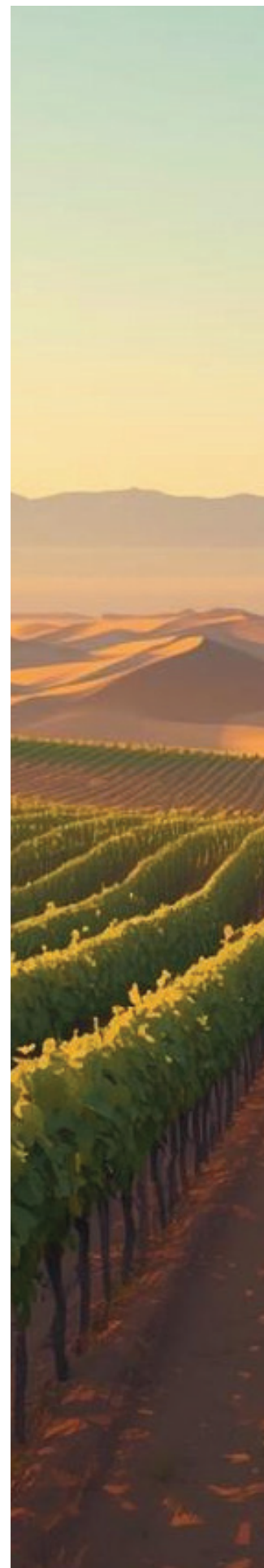
Sharing, Exercises, Meditations, Rituals

The program is designed to help participants work through their emotional pain. They do this through group sharing, spiritual exercises, and guided meditations.

One of the most powerful aspects of Rachel's Vineyard is its use of symbolic acts and rituals. These rituals include opportunities for naming the lost child, writing letters of goodbye, and participating in memorial services, which are powerful steps towards healing. They help individuals externalize their grief and begin to let go of the pain.

Scriptural activities provide a trellis, supporting our climb towards forgiveness, empathy, and love. The transformation from the shadows of Friday evening to the dawn of Sunday was remarkable. Retreatants, once isolated in their grief, blossomed into a bouquet of new friendships, bonded through shared suffering.

A poignant pattern emerged among us: many, regardless of age, bore wounds from fraught paternal relationships. The vine of negative experiences with fathers, and occasionally mothers, was a common thread that seemed to strangle their emotional growth.





On personal level, the thought of enduring a life severed from my daughters is unimaginable to me. Yet, here were women, wrestling with the thorns of paternal discord stemming from choices made years ago. Theirs was a garden where forgiveness seemed never to have taken root.

Inclusivity

An essential aspect of Rachel's Vineyard is its inclusivity. The retreats are open to anyone affected by abortion. Not just women, but men, family members, and even medical personnel who have been involved in abortion procedures attend the retreats. This inclusiveness acknowledges that the impact of abortion can reach far beyond the individual directly involved, affecting many others in their life.

Rachel's Vineyard is not just a retreat, it is a pilgrimage through the vineyard of the soul. Here, individuals are invited to prune the overgrowth of past pains. They irrigate the parched earth of their hearts with tears of mourning and healing, and cultivate a space where forgiveness can flourish. The retreatants' journey underscores a universal truth: shared wounds in the fertile soil of empathy and understanding can transform the most barren 'heartscapes' into places of new growth and peace.

Rachel's Vineyard is a vital resource for anyone seeking to find peace and emotional healing after the loss of a child through abortion. Its compassionate approach helps individuals reconcile with their past actions and fosters a community of understanding and support. I highly recommend Rachel's Vineyard to men and women alike who are navigating this challenging emotional landscape. It offers a beacon of hope and healing, proving that no one must walk this path alone.

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www.catholicstand.com/rachels-vineyard-a-journey-through-the-vineyard-of-healing

Articles

by Dr. Theresa and Kevin Burke

- Researchers Tracked 1.2 Million Women and Found Abortion Causes Mental Health Problems
- A Toxic Synergy: Digital Addiction, Gambling, Porn, and the Complicated Grief after Abortion
- Why Men Need Abortion Healing — and How the Church Can Help
- Can Pope Leo Bridge the Divide Between Social Justice and Pro-life Catholics?
- How Abortion Has Weakened Our 'National Immune System'
- Healing After Abortion Finds a Papal Champion
- A Group of Marginalized Sheep Dear to the Heart of Pope Francis
- The Convergence of Reason and Faith at the Foot of the Cross and the Suffering of Women after Abortion Loss
- Why Fewer Babies Means Bigger Problems — and What We Can Do About It
- "The Gospel of Life" and an abortion healing program share a special connection
- Lent is a Great Time for Women Who Regret Abortion to Find Hope and Healing in Jesus
- Danish study reveals fathers, too, suffer after abortion

NOW AVAILABLE
AS AN ONLINE
FLIPBOOK!!

"Tears of the Fisherman is the best book that I have read thus far on the subject of men and abortion. Every single chapter spoke to me as a man with the clear understanding of forgiveness for others and myself."
- *Brendon Fassett,*
New Life Solutions, Largo Florida




Highlights

of Rachel's Vineyard's Interviews, and Trainings

- ***Curious and Compassionate: Healing Trauma*** with Dr. Theresa Burke and Jenn Lozano
- Bernadette Goulding (Rachel's Vineyard Ireland) guest on ***EWTN's "The Conversation"***
- Kelly Dunne (Rachel's Vineyard Headquarters) joined the Lancaster, PA Spanish Rachel's Vineyard team as keynote speakers for St. James' Pro-Life breakfast
- Dr. Burke on ***EndAbortionTV*** for Abortion Recovery Awareness month
- Dr. Burke presented ***Understanding Abortion: Education, Healing, and the Power of Story***, a live-event by Mom's for America and Operation Outcry.
- Dr. Burke was a Guest Speaker for the Abortion Recovery Coalition; she discussed the link between abortion and sexual abuse
- Dr. Burke discussed how to recognize the need for deeper levels of healing with the ***Silent No More*** regional coordinators
- Dr. Burke and Janet Morana discuss ***The Healing No One Talks About: The most widespread abortion recovery program in the world***
- Karen Ord and Judith Villegas (Rachel's Vineyard, Phoenix) are guests on ***Life Talk***, with Bishop John Dolan and Marina Salvador Velasquez.
- Dr. Burke taught four classes at Vita Consecrata, Christendom College in Front Royal, Virginia
- Dr. Theresa Burke is a guest on Chef AJ's podcast where they discuss ***Pregnancy Loss and Unresolved Grief: The Healing & Peace at Rachel's Vineyard***
- Kelly Dunne (from Rachel's Vineyard Headquarters) was a guest on the ***More to the Story Podcast***
- Dr. Burke was in Phoenix, Arizona, at the Rachel's Vineyard team training
- Dr. Burke met with the Lancaster County Safety Committee to address abuse experienced in the Mennonite communities





Is healing from a traumatic pregnancy loss really possible? Can someone truly find hope and transformation after experiencing pain, trauma, and regret?

Watch Dr. Theresa Burke, Founder of Rachel's Vineyard Understanding Abortion: Education, Healing, and the Power of Story By Moms for America and Operation Outcry Monday, April 21 at 6:00 pm ET

RachelsVineyard.org

DR. THERESA BURKE ON "JUST ASK JANET"

- July 9th - Topic: Rachel's Vineyard and their impact on offering after care for abortion, miscarriage, etc.
- July 23rd - Topic: Grief to Grace and it's relationship to the abortion decision and other types of related trauma
- July 30th - Topic: Duty to Heal ministry





are the reason for our success!

*We thank our teams and donors and continue to
hold you in our prayers.*

As we come to the year's end, we are so grateful to everyone who makes Rachel's Vineyard a daily reality for countless women and men around the world.

Our work is truly not possible without the continued assistance of you, our dedicated teams and donors, who support this ministry with your funds and their time -- to ensure their retreats are offered to as many people as possible. **Thank you!**

RACHEL'S VINEYARD


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RachelsVineyard.org

www.youtube.com/rachelsvineyard

info@RachelsVineyard.org

[instagram.com/rvhealing](https://www.instagram.com/rvhealing)



Our worldwide ministry is actively helping women and men receive the healing they long for. You can find a retreat, read our latest articles, watch our videos, or sign up for our quarterly newsletter at RachelsVineyard.org.

Partner with us in the vital work of bringing hope and light into the lives of people who desire peace and forgiveness. Working together, we can help God work miracles.

DONATE AT:
RachelsVineyard.org/donate

